
Postbaccalaureate Programs for Disadvantaged Students

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Programs at UC Medical Schools

- UC Davis – First-time and reapplicants
- UC Irvine – First-time and reapplicants
- UCLA Geffen – Reapplicants
- UC San Diego – First-time and reapplicants
- UC San Francisco – First-time and reapplicants

New for 2007-08

- UCLA/Drew – CSU reapplicants

New for 2008-09

- UC Riverside – UCR undergraduates (initially)

For Whom

- I. Committed to practicing in underserved areas/communities of California
- II. From educationally or socio-economically disadvantaged backgrounds
- III. Need to improve learning skills, GPA and MCAT score

I. Commitment to Practice in Shortage Areas of California

- Commitment demonstrated by community involvement; volunteer work (may be limited by economic necessity); identification with underserved; passion and knowledge displayed in essays and interviews.
- Underserved areas defined geographically by Federal guidelines – Health Profession Shortage Areas, Medically Underserved Areas/Communities – and by local racial/ethnic groups in need (Hmong, Mien communities).

II. Disadvantaged Status

- AMCAS definition: from an early age, you resided in a low-income community or experienced enduring family and/or societal hardship that significantly compromised your educational opportunities.
- Attended low-performing K-12 schools with inadequate preparation for college and insufficient support for learning and language challenges; worked to support family; served as stand-in parent/caregiver.

III. Need to Improve Academic Credentials

- Minimum varies – for UCD: GPA 2.7, MCAT 18; exceptions are made.
- Numbers can be too high – GPA > 3.4; looking for candidates who will benefit from the whole program (not just MCAT prep).
- Consideration given to mitigating factors – employment workload, family responsibilities, inadequate K-12 education, lack of access to mentoring, undiagnosed learning disability.
- Consideration given to increasing GPA trends.

Other Program Requirements

- Must be California resident and U.S. citizen or permanent resident; AB 540 acceptable (with documentation)
- UCLA Geffen considers out-of-state applicants but gives priority to California residents
- Must have completed all or nearly all of course requirements for medical school (varies)

Program Components (Variable)

- Summer component (may be residential)
 - MCAT prep
 - Learning skills assessment and workshops
 - Workshops on psychosocial issues: self-confidence, stress, family pressures
- Academic year program (full-time 1 year or part-time 2 years)
 - Upper division biology courses; some remedial courses
 - Seminars on healthcare issues (especially for underserved)
 - Mentoring
- Assistance with Medical School Admissions Process
 - AMCAS personal statement, experience descriptions, secondaries
 - School selection
 - Mock interviews
 - Letters of recommendation

Program Costs

- No cost for summer component: room/board (residential programs), MCAT preparation, educational materials are paid for by programs
- Projected cost for full-time academic year 2007-08, including all fees, educational expenses, living expenses: > \$21,000
- Financial aid available – mainly loans; stipends sometimes available; a new initiative to secure permanent funding of stipends

Program Success Rates

- On average 83% of UC program participants get into medical school, another 3-7% pursue other health professional degrees
- Programs are committed to taking chances on students; do not want the goal of 100% to preclude taking risks on academic “ugly ducklings”

Conditional Components

- Automatic secondaries at UC Davis and UC Irvine (for internal and other UC PB applicants)
- Conditional interviews at UCLA Geffen
- Small conditional acceptance program at UC San Diego
- Consortium objective to increase conditional features

Out-of-state Conditional Programs for Disadvantaged Students

- Michigan State – ABLE
 - Must apply to medical school
 - 1st Summer: learning skills, basic science
 - Academic Year: medical school and upper division courses
 - 2nd Summer: more learning skills and help-seeking skills
- Georgetown – GEMS
 - Apply directly to program
 - Take ½ of first medical school courses and graduate-level biochemistry
 - If accepted, take second ½ and biochem. problems course
 - 89% enroll in medical school
- Kansas
 - Must apply to medical school

Consortium Objectives

- Increase matriculation into California medical schools
- Secure earmarked state funding
- Consolidate and expand outreach efforts
- Increase participation of CSU students
- Share best practices and develop new ones
- Engage alumni in mentoring program
- Facilitate research on outcomes
- Advise unsuccessful applicants to PB programs

First Steps

- Joint online application:
<https://meded-postbac.ucsd.edu/>
- Central service for supporting materials
- New grant: \$2.4 million for three-years from The California Endowment

How to find out more

- Online application has links and contact info for each program:

<https://meded-postbac.ucsd.edu/>

- UC Davis Postbac Program website:

<http://www.ucdmc.ucdavis.edu/ome/postbacc/index.html>

(530) 754-6033

- Syracuse U. listing of programs for underrepresented students:

<http://hpap.syr.edu/LISTPB.HTM>

Current Astronomical Cycle

| | |
|---------------|----------------------------|
| ■ Capricorn | January 19 to February 15 |
| ■ Aquarius | February 16 to March 11 |
| ■ Pisces | March 12 to April 18 |
| ■ Aries | April 19 to May 13 |
| ■ Taurus | May 14 to June 19 |
| ■ Gemini | June 20 to July 20 |
| ■ Cancer | July 21 to August 9 |
| ■ Leo | August 10 to September 15 |
| ■ Virgo | September 16 to October 30 |
| ■ Libra | October 31 to November 22 |
| ■ Scorpio | November 23 to November 29 |
| ■ Ophiuchus | November 30 to December 17 |
| ■ Sagittarius | December 18 to January 18 |